

## **Flu Watch**

### MMWR Week 51: December 16 to December 22, 2018

All data are provisional and subject to change as more reports are received.

#### **Geographic Spread**



South Carolina reported **regional activity** this week. This is the **first** week at regional activity.

#### **Influenza Activity**



Overall, there was **an increase** in influenza activity this week.

### <u>Regional Influenza Activity</u>



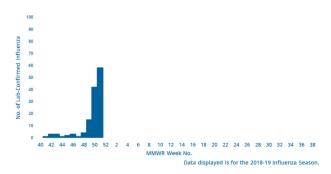
Increase

No

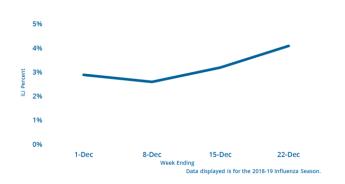
change

#### **Virologic Surveillance**

This week there were **58** lab-confirmed tests reported. Influenza A was most frequently reported. In the current flu season, there has been **136** lab-confirmed tests reported.



Influenza-Like Illness Surveillance The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was 4.14%, which is **above** South Carolina's baseline (3.53%). The ILI activity level overall was high.



Influenza-Associated Hospitalizations

This week **43** influenza-associated hospitalizations were reported by **35** hospitals. The cumulative hospitalization rate is **4.5 per 100,000**. In the current flu season, there have been **227** influenza-associated hospitalizations.

#### **Influenza-Associated Deaths**

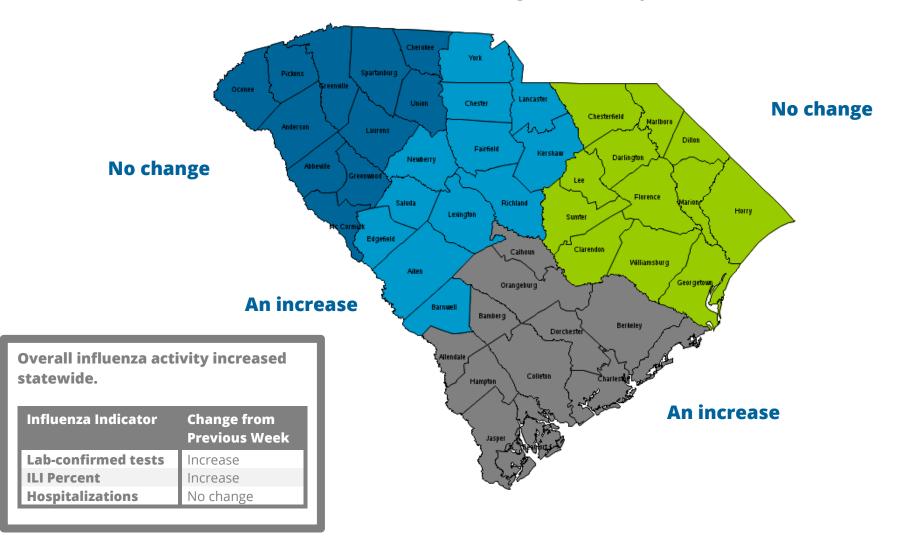
This week **0** influenza-associated deaths were reported. The cumulative mortality rate is **0.2 per 100,000**. In the current flu season, there have been **11** influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: <u>http://www.scdhec.gov/Health/DiseasesandConditions/Infe</u> ctiousDiseases/Flu/FluData/

For national surveillance, please visit: <a href="https://www.cdc.gov/flu/weekly/">https://www.cdc.gov/flu/weekly/</a>

# Influenza Activity\*

In the 4 Public Health Regions, activity showed...

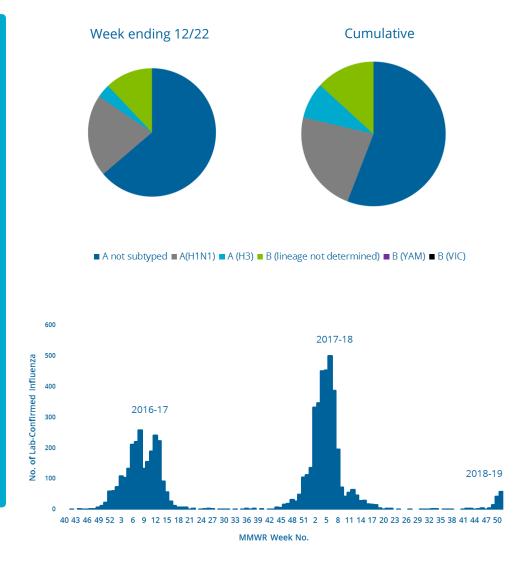


\*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

# **Virologic Surveillance**

Influenza Type	a Season Totals To Date							
No. (%)	This Week	2018-19	2017-18	2016-17	5 season average			
Overall	58	136	266	51	141			
Influenza A	51 (87.9)	118(86.8)	222(83.5)	35(68.6)	126(89.1)			
A(H3)	2(3.9)	11(9.3)	77(34.7)	19(54.3)	49(38.8)			
A(H1N1)	12(23.5)	31(26.3)	13(5.9)		33(26.4)			
A(NS) <sup>*</sup>	37(72.6)	76(64.4)	132(59.4)	16(45.7)	44(34.8)			
Influenza B	7 (12.1)	18(13.2)	44(16.5)	16(31.4)	15(10.9)			
B (Victoria)					0			
B (Yamagata)			10(22.7)		2(13)			
B (LND)⁺	7(100)	18(100)	34(77.3)	16(100)	13(87)			
*NS – not sul	*NS – not subtyped *LND – lineage not determined							

Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2018-19 influenza season began on September 30, 2018 and will end on September 28, 2019.

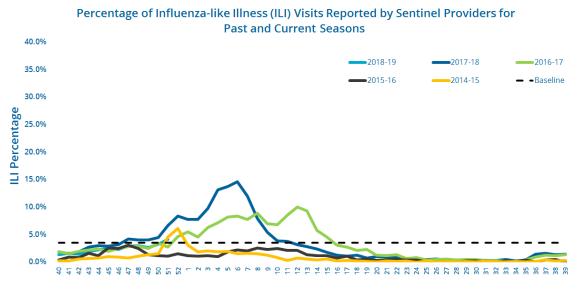


## Influenza-Like Illness Surveillance

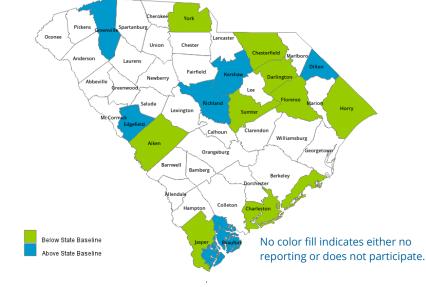
This week, the ILI activity level was **high** and **4.14%** of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, **3.53%**.

Reports were received from providers in 15 counties, representing all DHEC Public Health regions.

\*\*ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.\*\*



**MMWR Week** 



County ILI Percent

	State ILI Activity Level 2018-19 Calendar											
by Week of the Year												
OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	
<b>40</b>	44	48	1	5	9	14	18	22	27	31	36	
41	45	49	2	6	10	15	19	23	28	32	37	
42	46	50	3	7	11	16	20	24	29	33	38	
43	47	51	4	8	12	17	21	25	30	34	39	
		52			13			26		35		

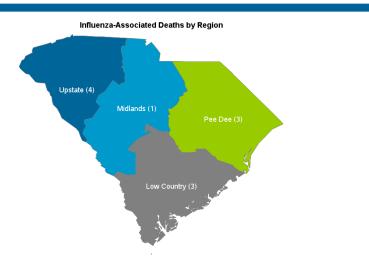
ate II I Activity Level 2018-19 Calendar

ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

### Influenza-Associated Hospitalizations And Deaths

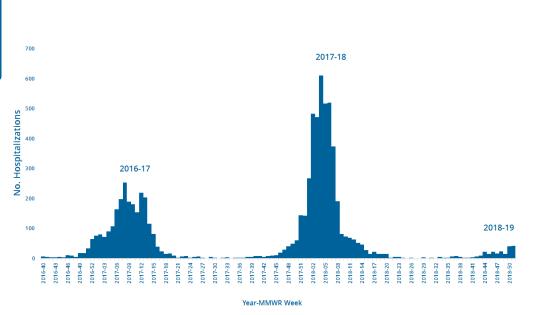
Overall

Hospitalizations No. (Rate) Overall		Ages 0- 4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+
This Week	43(0.9)	6(2.0)	2(0.3)	6(0.3)	12(1.2)	17(2.0)
2018-19	227(4.5)	17(5.8)	10(1.2)	39(1.9)	63(6.3)	98(11.3)
2017-18	398(7.9)	21(7.2)	22(2.7)	58(2.8)	77(7.7)	220(25.4)
2016-17	126(2.5)	8(2.7)	4(0.5)	22(1.1)	32(3.2)	60(7.2)
5 season	365(7.5)	31(10.5)	23(2.9)	67(3.3)	83(8.5)	161(20.4)
average						
Deaths No. (Rate)	Over	Ag all 0-			Ages 50-64	Ages 65+
This Week						
2018-19	11(0.	.2) 1(0.	3)	1(0.0)	4(0.4)	5(0.6)
2017-18	15(0.	.3)			1(0.1)	14(1.6)
2016-17	3(0.1	1)		1(0.0)		2(0.2)
5 season averag	<b>e</b> 10(0.	.2) 0	0	1(0.0)	2(0.2)	7(0.9)





Age 5-17



Age 18-49

Age 50-64

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Age 65 and older