

2015 SC BRFSS: Physical Activity Outside of Regular Job

Participated in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

| | Total | Yes | | | | No | | | |
|-------------------------|-------------|-------|-------|-----------|-------|-------|-------|-----------|-------|
| | Respondents | N | % | C.I.(95%) | | N | % | C.I.(95%) | |
| TOTAL | 10,775 | 7,797 | 73.28 | 72.11 | 74.45 | 2,978 | 26.72 | 25.55 | 27.89 |
| GENDER | | | | | | | | | |
| Male | 4,489 | 3,369 | 75.94 | 74.24 | 77.63 | 1,120 | 24.06 | 22.37 | 25.76 |
| Female | 6,286 | 4,428 | 70.85 | 69.25 | 72.45 | 1,858 | 29.15 | 27.55 | 30.75 |
| RACE/ETHNICITY | | | | | | | | | |
| Non-Hispanic White | 7,450 | 5,526 | 75.36 | 74.03 | 76.69 | 1,924 | 24.64 | 23.31 | 25.97 |
| Non-Hispanic Black | 2,553 | 1,745 | 69.39 | 66.84 | 71.93 | 808 | 30.61 | 28.07 | 33.16 |
| Other | 547 | 383 | 69.58 | 64.12 | 75.03 | 164 | 30.42 | 24.97 | 35.88 |
| AGE | | | | | | | | | |
| 18-24 | 528 | 445 | 84.47 | 80.78 | 88.15 | 83 | 15.53 | 11.85 | 19.22 |
| 25-34 | 890 | 701 | 77.00 | 73.47 | 80.54 | 189 | 23.00 | 19.46 | 26.53 |
| 35-44 | 1,211 | 918 | 75.20 | 72.14 | 78.27 | 293 | 24.80 | 21.73 | 27.86 |
| 45-54 | 1,720 | 1,226 | 70.65 | 67.89 | 73.41 | 494 | 29.35 | 26.59 | 32.11 |
| 55-64 | 2,336 | 1,622 | 68.54 | 66.06 | 71.03 | 714 | 31.46 | 28.97 | 33.94 |
| 65 + | 4,090 | 2,885 | 68.73 | 66.80 | 70.67 | 1,205 | 31.27 | 29.33 | 33.20 |
| EDUCATION | | | | | | | | | |
| Less Than H.S. | 1,146 | 664 | 57.52 | 53.48 | 61.56 | 482 | 42.48 | 38.44 | 46.52 |
| H.S. or G.E.D. | 3,168 | 2,047 | 67.40 | 65.16 | 69.65 | 1,121 | 32.60 | 30.35 | 34.84 |
| Some Post-H.S. | 3,000 | 2,230 | 77.40 | 75.49 | 79.31 | 770 | 22.60 | 20.69 | 24.51 |
| College Graduate | 3,436 | 2,838 | 85.34 | 83.88 | 86.80 | 598 | 14.66 | 13.20 | 16.12 |
| HOUSEHOLD INCOME | | | | | | | | | |
| Less than \$15,000 | 1,096 | 672 | 61.70 | 57.56 | 65.84 | 424 | 38.30 | 34.16 | 42.44 |
| \$15,000- \$24,999 | 1,671 | 1,084 | 65.87 | 62.69 | 69.05 | 587 | 34.13 | 30.95 | 37.31 |
| \$25,000- \$34,999 | 1,041 | 703 | 68.13 | 64.17 | 72.09 | 338 | 31.87 | 27.91 | 35.83 |
| \$35,000- \$49,999 | 1,392 | 1,009 | 73.05 | 69.62 | 76.48 | 383 | 26.95 | 23.52 | 30.38 |
| \$50,000+ | 3,722 | 3,018 | 81.43 | 79.79 | 83.08 | 704 | 18.57 | 16.92 | 20.21 |
| REGION | | | | | | | | | |
| Region I | 1,311 | 964 | 73.42 | 70.19 | 76.64 | 347 | 26.58 | 23.36 | 29.81 |
| Region II | 1,261 | 893 | 70.97 | 67.46 | 74.48 | 368 | 29.03 | 25.52 | 32.54 |
| Region III | 855 | 600 | 71.30 | 67.18 | 75.42 | 255 | 28.70 | 24.58 | 32.82 |
| Region IV | 1,040 | 770 | 76.47 | 73.26 | 79.68 | 270 | 23.53 | 20.32 | 26.74 |
| Region V | 882 | 652 | 71.62 | 67.71 | 75.54 | 230 | 28.38 | 24.46 | 32.29 |
| Region VI | 1,447 | 1,110 | 77.46 | 74.60 | 80.33 | 337 | 22.54 | 19.67 | 25.40 |
| Region VII | 1,246 | 906 | 72.29 | 68.85 | 75.73 | 340 | 27.71 | 24.27 | 31.15 |
| Region VIII | 1,363 | 987 | 71.39 | 68.17 | 74.61 | 376 | 28.61 | 25.39 | 31.83 |
| Region IX | 1,370 | 915 | 68.68 | 65.46 | 71.91 | 455 | 31.32 | 28.09 | 34.54 |