## HOMEMADE VANILLA EXTRACT



From the kitchen of Sakhar Jams, a women-owned artisanal jammaking small business located in Columbia. SC.

Vanilla sugar can be made from any used ("spent") beans by drying them then grinding them into sugar in a food processor. Vanilla sugar is a great addition to coffee, baked goods, or even face scrub.

## Ingredients

1 oz vanilla bean 8 oz vodka, rum, or bourbon

## Directions

Use whole, split, or cut beans, per your preference. In a glass jar, pour your preferred alcohol over the beans - they should be completely covered. Place in a cool, dark area. Shake every three months to incorporate vanillin. Extract time is between 12 and 18 months.

Test in homemade whipped cream - this use will easily tell you whether the extract is ready or needs more time. Continue to add alcohol and beans as you use the extract.





