



Child and Adult Care Food Program (CACFP)

scchildcare.org/programs/child-and-adult-care-food-program

Reimburses child care centers, adult care centers, afterschool programs, emergency shelters, and child care homes which provide healthy meals and snacks that meet USDA nutritional guidelines.

Contact: Mary A. Young, CACFP Director; mary.abney-young@dss.sc.gov



Clemson Extension Rural Health and Nutrition Programs

clemson.edu/extension/health/index.html

Provides free, educational programs focusing on chronic disease prevention and self-management with a strong focus on diabetes and hypertension. Virtual, in-person and hybrid delivery available.

Contact: Rhonda Matthews, Rural Health Team Director; rhonda@clemson.edu



Commodity Supplemental Food Program (CSFP)

agriculture.sc.gov/divisions/external-affairs-economic-development/tefap-csfp

Works to improve the health of low-income persons at least 60 years of age by supplementing their diets with nutritious USDA foods. USDA distributes both food and administrative funds to participating states and Indian Tribal Organizations to operate CSFP.

Contact: Chris Doyle, Program Coordinator, TEFAP/CSFP/SFMNP; cdoyle@scda.sc.gov



Expanded Food and Nutrition Education Program (EFNEP)

clemson.edu/extension/efnep/index.html

Aims to provide practical, hands-on nutrition education in four core areas: diet quality, physical activity, food resource management, food safety, and food security. The programs are delivered through local initiatives in the counties throughout the state.

Contact: Tarana Khan, EFNEP Director; State Program Coordinator, taranak@clemson.edu



The Emergency Food Assistance Program (TEFAP)

agriculture.sc.gov/divisions/external-affairs-economic-development/tefap-csfp

A federal program that helps supplement the diets of low-income Americans by providing them with emergency food assistance at no cost.

Contact: Chris Doyle, Program Coordinator, TEFAP/CSFP/SFMNP; cdoyle@scda.sc.gov





Farmers Market Nutrition Program (FMNP)

agriculture.sc.gov/divisions/agency-operations/state-farmers-markets

Associated with the Special Supplemental Nutrition Program for Women, Infants and Children, popularly known as WIC. Eligible WIC participants are issued FMNP coupons in addition to their regular WIC benefits. These coupons can be used to buy eligible foods from farmers, farmers' markets or roadside stands that have been approved by the state agency to accept FMNP coupons.

Contact: Beverly Brockington, Assistant State WIC Director; brockibr@dhec.sc.gov



Farm to Early Care & Education

scfarmtoschool.com/classroom/resources/farm-to-early-care-education%E2%80%8B/

Aims to connect early care and education settings with local agriculture to increase the number of SC grown fruits and vegetables in early care and education settings, improve children's nutrition, provide nutrition and agriculture education.

Contact: Mary A. Young, CACFP Director; mary.abney-young@dss.sc.gov



Farm to School Program

scfarmtoschool.com

Connects K-12 schools with regional and local farms in order to serve healthy school meals using locally produced foods. The program aims to increase healthy eating habits in children by creating nutrition and agriculture educational opportunities, such as school gardens.

Contact: Benjamin R. Sease, Program Coordinator; bsease@ed.sc.gov



FoodShare South Carolina

foodsharesc.org

Enhances the quality of life by creating access to fresh affordable food, quality cooking and skills education through fresh food boxes. The mission is to increase access to knowledge of and consumption of vegetables and fruit through community led projects.

Contact: Gordon Schell, Director of Marketing and Digital Strategies ; Gordon.Schell@uscmed.sc.edu



Fresh Fruit and Vegetable Program (FFVP)

ed.sc.gov/finance/grants/scde-grant-opportunities/202223-usda-fresh-fruit-and-vegetable-program

Provides free fresh fruits and vegetables for elementary school students throughout the school day.

Contact: Diane Gillie, Fresh Fruit and Vegetable Program Coordinator; dgillie@ed.sc.gov



Healthy Bucks

schealthybucks.com

Allows SNAP recipients to obtain additional fresh fruits and vegetables when they use their SNAP benefits to purchase fresh produce at participating farmer's markets. SNAP recipients who purchase at least \$5 with their SNAP EBT card at participating locations receive \$10 in Healthy Bucks tokens to purchase additional fresh fruits and vegetables.

Contact: Norvell Gibson, Healthy Bucks Program Coordinator;
norvell.gibson@dss.sc.gov





SC School Wellness Programs

Contact: Juanita Bowens, Education Associate; jbowens@ed.sc.gov or wellnesspolicy@ed.sc.gov:

- **National School Lunch Program (NSLP)**

ed.sc.gov/districts-schools/health-and-nutrition/meal-programs/national-school-lunch-program

Protects the health and well-being of the nation's children by providing nutritious school meals every day.

Contact: Donna Davis, Office of Health and Nutrition Director; ddavis@ed.sc.gov

- **School Breakfast Program**

ed.sc.gov/districts-schools/health-and-nutrition/meal-programs/national-school-breakfast-program

Provides funding that makes it possible for schools to offer a nutritious breakfast to students each day.

Contact: Donna Davis, Office of Health and Nutrition Director; ddavis@ed.sc.gov

- **Special Milk Program**

ed.sc.gov/districts-schools/health-and-nutrition/special-programs/special-milk-program

Provides milk to children in schools, childcare institutions, and eligible camps that do not participate in other Federal Child Nutrition Meal Service Programs.

Contact: Donna Davis, Office of Health and Nutrition Director; ddavis@ed.sc.gov

Seniors Farmers' Market Nutrition Program (SFMNP)

dss.sc.gov/assistance-programs/food-and-nutrition-programs/senior-farmers-market

A seasonal USDA grant program that provides participants with access to fresh, nutritious, unprocessed fruits and vegetables from local farmers' markets and is designed to increase awareness and use of community markets.

Contact: Willie Nixon, Program Coordinator; Willie.J.Nixon@dss.sc.gov

Chris Doyle, Program Coordinator, TEFAP/CSFP/SFMNP; cdoyle@scda.sc.gov



Senior Nutrition Program (Department on Aging)

aging.sc.gov/nutrition

Provides meals, socialization, and nutrition education to older adults. These services are provided in a variety of settings such as senior centers, meal sites, as well as to home-bound seniors in all 46 South Carolina counties.

Contact: Rowan Goodrich, Nutritionist; rgoodrich@aging.sc.gov



Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

scdhec.gov/wic

Provides nutrition education, breastfeeding support, community referrals, and healthy foods free of charge to South Carolina families who qualify.

Contact: Beverly Brockington, Assistant State WIC Director; brockibr@dhec.sc.gov

La'Keisha Coker, Nutrition Services Unit Manager, cokerla@dhec.sc.gov




Summer Food Service Program (SFSP) - Summer Break Cafe

ed.sc.gov/districts-schools/health-and-nutrition/special-programs/usda-summer-meal-programs

Reimburses sponsored program operators who provide free, approved healthy meals and snacks to children and teens in low-income areas.

Contact: Joann Minder, Team Leader; jminder@ed.sc.gov





Supplemental Nutrition Assistance Program (SNAP)

How to Apply: dss.sc.gov/assistance-programs/snap/how-do-i-apply

SNAP (Supplemental Nutrition Assistance Program), formerly known as Food Stamps benefits, provide low-income households with nutrition assistance by increasing the household's food purchasing power.

Contact your local county DSS office: dss.sc.gov/contact-dss/



Supplemental Nutrition Assistance Program (SNAP) Outreach

dss.sc.gov/assistance-programs/food-and-nutrition-programs/snap-outreach

Provides application assistance and presentations to individuals and community groups who may be eligible to participate in the SNAP Program. Presentations can be individually tailored to meet the requested needs and cover, program requirements and application assistance.

Contact: Lakeisha Hawes, Outreach Coordinator; lakeisha.j.hawes@dss.sc.gov



Supplemental Nutrition Assistance Program Education (SNAP-Ed)

dss.sc.gov/assistance-programs/food-and-nutrition-programs/sc-snap-education-program

Supports partners serving SNAP eligible individuals in policy, systems, and environmental changes as well as nutrition promotion and education to create conditions where people are encouraged to engage in healthy behaviors to prevent obesity and diet related diseases. This program is administered through the Department of Social Services and implemented throughout South Carolina via Clemson University Youth Learning Institute, Department of Health and Environmental Control, Lowcountry Food Bank, and University of South Carolina.

Contact: Dakia Scott, Program Coordinator; dakia.scott@dss.sc.gov



SC SNAC

A state-level collaboration with representation from state agencies and nonprofits that implement the United States Department of Agriculture (USDA) nutrition programs. Together, the SNAC partnering organizations reach underserved people throughout the life span, providing food benefits, nutrition education and obesity prevention services.



scdhec.gov/health/supplemental-nutrition-assistance-program-education-snap-ed/south-carolinas-state-nutrition-action-coalition-snac

Contact: Kaci Herrington-Garrett, SNAC Community Liaison; HerrinKa@dhec.sc.gov

This institute is an equal opportunity provider.

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SC Programs Breakdown

Program Name	Food Delivery	Meal/ Snack on Site	Nutrition Education	Food Pick-Up	Benefits/ Incentives to Purchase Food	Eligibility
CACFP		✓	✓			All Ages
Clemson Extension Rural Health and Nutrition			✓			18+
CSFP				✓		60+
EFNEP			✓			5-18 years, pregnant teens, parents/primary care givers
TEFAP				✓		All Ages
FMNP (WIC)			✓		✓	1-4 years, pregnant, breastfeeding/postpartum women
Farm to Early Care and Education			✓			K-12 Students
Farm to School			✓			K-12 Students
FoodShare South Carolina	✓			✓		18+
FFVP		✓				Elementary School Students
Healthy Bucks			✓		✓	All Ages SNAP Recipients
School Wellness: NSLP, School Breakfast, & Special Milk Programs		✓				PreK-12 Students
SFMNP			✓		✓	60+
Senior Nutrition Program	✓	✓	✓			60+, spouse & individual with a disability in the residence
WIC			✓		✓	0-5 yrs. & pregnant, breastfeeding, postpartum women
SFSP		✓				18 or under
SNAP					✓	All Ages
SNAP Outreach						18+ Application Assistance
SNAP-Ed			✓			All Ages