

26-Horry County

Conway Medical Center

Classes available year-round for the public and employees.
Freshstart program offered.
Self-help materials provided.
Fee: No charge.

Contact:

Jon Gibson, Director

Wellness and Fitness Center
Conway Medical Center
2369 Cypress Circle
Conway, SC 29526

843-347-1515-phone
843-347-1577-fax

jjgibson@cmc-sc.com
www.conwaymedicalcenter.com

Grand Strand Regional Medical Center

Classes available as needed for the public, employees and patients.
Self-help materials provided.
Fee: \$50

Contact:

Judy Hardee, Cardiac Rehab Director

Cardiac Rehab Department
Grand Strand Regional Medical Center
809 82nd Parkway
Myrtle Beach, SC 29572

843-692-1885-phone
843-692-1891-fax

Judith.hardee@hcahealthcare.com
www.grandstrandmed.com

Lighthouse Care Center of Conway

Service information not available.

Loris Healthcare System

Classes available year-round for the public, employees and patients.
Referrals made to personal physicians, S.C. Tobacco Quitline and websites.
Self-help materials provided.
Fee: No charge for employees; \$35 for the public.

Classes available year-round for the public, employees and patients.
Referrals made to personal physicians, S.C. Tobacco Quitline and websites.
Self-help materials provided.
Fee: Nocharge for employees; \$35 for the public.

Contact:

Contact:

Stacey Mott, Outreach Coordinator

Loris Healthcare System
3655 Mitchell St
Loris, SC 29569
843-716-7381-phone
843-716-7384-fax

smott@lorishealthcaresystem.com
www.lorishealth.org